**Activity: Orientation Debrief**

Audience: Mentors and Mentees

Phase of mentoring: Building the Foundation

Purpose: The purpose of this activity is to have an open discussion about starting a new and meaningful mentoring relationship.

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| Directions: Follow these directions.   1. Review the attached ASTD LA Mentoring Program presentation that was covered at the orientation. 2. Schedule a one hour meeting at your earliest convenience and get to know each other. 3. Use the discussion questions below at your meeting, or develop your own.   DISCUSSION QUESTIONS   * Tell me about yourself and why you’re in the program. * What insights did you gain about the program orientation? * What insights did you gain from the program ASTD Mentoring Program handbook? * What boundaries do you have that will help us work together? * How do you like coaching and feedback? * How will we handle conflict, if we need to get back on course? * When can we review a draft of the mentee’s goals? * When can we meet again? |